












**NOVEMBER 2017**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Everyday Activities</u></b></p> <p><b>9:30</b> Current Events</p> <p><b>11:00-</b> Exercises</p> <p><b>11:30</b> Lecture</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Game, Craft or Music</p>	<p><b>Word of The Week</b> "Election" -----</p>	<p><b>1 Hearty Beef Stew</b> <b>8:30</b> Continental Breakfast &amp; Music-Country</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Jacques Plante is the first Hockey Goalie to wear a face mask</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Trivia</p>	<p><b>2 Oktoberfest Sauerbraten</b> <b>8:30</b> Hot Breakfast &amp; Music- 1950's</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Daniel Boone</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Falling Leave Craft</p>	<p><b>3 Crab Cake w/Remoulade Sauce</b> <b>8:30</b> Continental Breakfast &amp; Music-Frank Sinatra</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Sandwich Day</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Music </p>
<p><b>6 Salisbury Steak w/ Mushroom Gravy</b> <b>Word of The Week</b> "Veteran"</p> <p><b>8:30</b> Continental Breakfast &amp; Music-Broadway Hits</p> <p><b>9:30</b> Current Events</p> <p><b>11:30</b> Discussion-Election Day</p> <p><b>1:00</b> Election Day Craft</p>	<p><b>7</b></p> <p><b>CENTER CLOSED FOR ELECTION DAY</b></p> 	<p><b>8 Spaghetti and Meatballs</b> <b>8:30</b> Continental Breakfast &amp; Music-Michael Buble</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Lewis &amp; Clark</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Shuffleboard</p> 	<p><b>9 Hearty Meat &amp; Bean Chili</b> <b>8:30</b> Hot Breakfast &amp; Music- Classical</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Veteran's Day</p> <p><b>1:00</b> Soldier Craft</p> 	<p><b>10</b></p> <p><b>CENTER CLOSED IN OBSERVANCE OF VETERAN'S DAY</b></p> 
<p><b>13 Boneless Chicken Cacciatore</b> <b>Word of The Week</b> "Turkey"</p> <p><b>8:30</b> Continental Breakfast &amp; Music-Frank Sinatra</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Grace Kelly</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Color by Number</p>	<p><b>14 Flounder Francaise</b> <b>8:30</b> Hot Breakfast &amp; Music- Country</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Vietnam Veterans</p> <p><b>1:00</b> BINGO</p> 	<p><b>15 Meatloaf w/Gravy</b> <b>8:30</b> Continental Breakfast &amp; Music- The Andrews Sisters</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Ellis Island</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Horse Race</p> <p><b>6:00</b> Adult Children Support Group (light dinner served)</p>	<p><b>16 Potato Crusted Cod</b> <b>8:30</b> Hot Breakfast &amp; Music- Beach Boys</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Oklahoma Enters the Union</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Fall Clean Up Craft</p> 	<p><b>17 Roast Turkey w/Pan Gravy Cranberry Sauce</b> <b>8:30</b> Continental Breakfast &amp; Music-Classical Music</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Jonestown</p> <p><b>1:00</b> Music </p>
<p><b>20 Chicken Parmesan</b> <b>Word of The Week</b> "Cornucopia"</p> <p><b>8:30</b> Continental Breakfast &amp; Music-Beach Boys</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Princess Elizabeth marries Prince Phillip</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Cornucopia Craft</p>	<p><b>21 Hungarian Goulash</b> <b>8:30</b> Hot Breakfast &amp; Music- Nat King Cole</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Holland Tunnel</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Ladderball</p>	<p><b>22 Stuffed Cabbage w/Tomato Sauce</b> <b>8:30</b> Continental Breakfast &amp; Music- Tony Bennett</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Thanksgiving Day</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Scattagories</p>	<p><b>23</b></p> <p><b>CENTER CLOSED THANKSGIVING</b></p> 	<p><b>24</b></p> <p><b>CENTER CLOSED THANKSGIVING</b></p> 
<p><b>27 Fried Chicken</b> <b>Word of The Week</b> "Family"</p> <p><b>8:30</b> Continental Breakfast &amp; Music-1940's</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Cyber Monday</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Thanksgiving Turkey Craft</p>	<p><b>28 Beer Battered Cod w/Tartar Sauce</b> <b>8:30</b> Hot Breakfast &amp; Music- Classical</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Charles Schultz</p> <p><b>1:00</b> Bowling</p> 	<p><b>29 Hearty Beef Stew</b> <b>8:30</b> Continental Breakfast &amp; Music-1960's</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Lecture-Cary Grant</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Hangman</p> <p><b>12:00</b> Caregiver's Support Group (lunch served)</p>	<p><b>30 Oktoberfest Sauerbraten</b> <b>8:30</b> Hot Breakfast &amp; Music- Disney</p> <p><b>9:30</b> Current Events</p> <p><b>11:00</b> Exercise</p> <p><b>11:30</b> Discussion-Jeopardy Contestant Winning Streak</p> <p><b>12:00</b> Lunch</p> <p><b>1:00</b> Native American Craft</p>	<p><b>AARP Defensive Driving</b> <b>Saturday, November 18<sup>th</sup></b> <b>9:00am-3:30pm</b> <b>\$20-Members</b> <b>\$25 Non-Members</b></p> 