


















-MONDAY-	-TUESDAY-	-WEDNESDAY-	-THURSDAY-	-FRIDAY-
<p>1 Stuffed Cabbage 10:00 Rummikub 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing w/ Jean</p>	<p>2 Potato Crusted Cod 10:00 Drawing w/ Bill 10:00 Knitting & Crocheting 10:00 Pet Therapy w/ Mercedes 12:45 Computer Class w/Larry</p> <p>----- May Flowers Word Search</p> 	<p>3 Chicken Marsala 10:00 Rummikub 10:00 Nutrition Discussion w/ Bill 10:45 Stretch & Tone 11:30 Catch Phrase- Who Said It?</p> 	<p>4 Grilled Boneless Pork Chop 11:00 Guess the Year 11:30 Sing A Long</p> <p>BRING IN YOUR BABY PHOTOS FOR THE GUESS WHO GAME ON MAY 30th</p> 	<p>5 All American Cheeseburger 10:30 Coffee & Conversation 10:30 Horse Racing in Honor of the 143rd Kentucky Derby-Wear Your Best Hat or Tie</p>  <p>12:45 Plant Community Garden (weather permitting)</p>
<p>8 Swedish Meatballs 10:00 Rummikub 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing w/ Jean</p> <p>----- Spring Activities Word Search</p> 	<p>9 Chicken Primavera 10:00 Drawing w/ Bill 10:30 Site Council Meeting 10:45 Mother's Day Craft 12:45 Computer Class w/Larry</p>	<p>10 Crab Cake w/ Tartar Sauce 10:00 Rummikub 10:00 Nutrition Discussion w/ Bill 10:30 Baking Club- Upside Down Strawberry Cake for our Mother's Day Celebration on Friday 10:45 Stretch & Tone</p> <p>6:00- Grandparents Raising Grandchildren Support Group-HBSC (dinner served @ 6pm)</p>	<p>11 Baked Ham w/ Pineapple 11:45 Bus departs for the Aquarium & Luncheon Trip</p>  <p>(pre registration required)</p> <p>11:30 Sing A Long 12:45 Movie Day- "Lion"</p>  <p>3-5pm SAGE East End Mingle-HBSC</p>	<p>12 Stuffed Peppers w/ Tomato Sauce 9:30 SCOFA Advocate- Frank Masterson 10:30 Coffee & Conversation 11:15 Mother's Day Celebration</p> 
<p>15 Scampi Style Chicken Breast 10:00 Rummikub 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing w/ Jean</p>	<p>16 Rigatoni w/ Meaty Bolognese Sauce 9:30 FAN FOOD @ BISHOP RYAN 9:45 SENIOR CELEBRATION @ VILLA LOMBARDI'S (pre-registration required) 10:00 Knitting & Crocheting 10:00 Drawing w/ Bill 12:45 Computer Class w/Larry</p>	<p>17 Broccoli & Cheddar Quiche 10:00 Rummikub 10:00 Nutrition Discussion w/ Bill 10:30 Massage w/ Loretta 10:45 Stretch & Tone</p> <p>6:00-8:00- Adult Children Support Group- HBSC (dinner served @ 6pm)</p>	<p>18 Stuffed Sole 11:30 Sing A Long</p> <p>----- BBQ-ing Word Search</p> 	<p>19 Roast Turkey w/ Pan Gravy</p> <p>----- May Day Garden Party & Monthly Birthday Party w/ Tommy Parris</p>  <p>2:30 Book Discussion Group- @ HBSC "Blessings"</p>
<p>22 Fried Chicken 10:00 Rummikub 10:00 -2:00 FREE Application Assistance for Medicaid Programs @ HBSC 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing w/ Jean</p>	<p>23 BBQ Pulled Pork 10:00 Drawing w/ Bill 12:45 Computer Class w/Larry</p> <p>DON'T FORGET YOUR BABY PICTURES!!</p> 	<p>24 4 Cheese Baked Ziti 10:00 Rummikub 10:00 Nutrition Discussion w/ Bill 10:45 Stretch & Tone</p>	<p>25 Brewer's Cod Fish w/ Tartar Sauce 10:45 Bus departs for the Yankee Game (pre registration required) 11:30 Sing A Long</p>  <p>3-5pm SAGE East End Mingle-HBSC (light dinner served)</p>	<p>26 Pot Roast w/ Gravy 10:30 Coffee & Conversation 11:00 Patriotic Sing Along</p> <p>----- Memorial Day Word Search</p> 
<p>29</p> <p>MEMORIAL DAY</p>  <p>CENTER CLOSED</p>	<p>30 Potato Crusted Cod 10:00 Drawing w/ Bill 12:45 Computer Class w/Larry</p> <p>GUESS WHO-WHO IS THAT BABY?</p> 	<p>31 Chicken Marsala 10:00 Rummikub 10:00 Nutrition Discussion w/ Bill 10:00 Bus departs for Yoga on the Beach for National Health & Fitness Day (pre registration required)</p> <p>12:00-2:00pm Caregiver's Support Group-HBSC (light lunch served @ noon)</p>	<p>AARP Defensive Driving Saturday, May 13th 9:00am-3:30pm \$20-Members \$25 Non-Members</p> 	<p>Shopping to Riverhead Stores w/ Shuttle Buses Every Friday</p>  <p>----- Tablets are available for your use on a daily basis...please see someone in the office.</p> 