





















-MONDAY-	-TUESDAY-	-WEDNESDAY-	-THURSDAY-	-FRIDAY-
<p>1 Stuffed Cabbage 10:00 Stretch & Tone 10:30 Bus departs for Life Stories Project at HBES w/ 4th Graders</p>	<p>2 Potato Crusted Cod 9:00 Bus departs for Melodies & Memories 10:45 Chair Yoga</p> <p>----- THRIFTY BOUTIQUE SHOP IS OPEN!</p>  <p>-----</p>	<p>3 Chicken Marsala 9:00 Mah Jongg 9:45 Bus departs Seniors 4 Kids 11:15 Meditation & Relaxation 12:45 Movie Day- "Lion"</p>  <p>----- Kentucky Derby Word Search</p>  <p>-----</p>	<p>4 Grilled Boneless Pork Chop 9:00 Bus departs for Melodies & Memories</p> <p>----- May Day Garden & Monthly Birthday Party w/ Tommy Parris</p>  <p>-----</p>	<p>5 All American Cheeseburger CINCO DE MAYO 10:00 Stretch & Tone 10-11:30 Tablet/Computer Class 10:45 Horse Racing in Honor of the 143rd Kentucky Derby-Wear Your Best Hat or Tie 1:00 Canasta</p>
<p>8 Swedish Meatballs 10:00 Stretch & Tone</p> <p>BRING IN YOUR BABY PHOTOS FOR THE GUESS WHO GAME ON MAY 30th</p>  <p>----- May Flowers Word Search</p>  <p>-----</p>	<p>9 Chicken Primavera 9:00 Bus departs for Melodies & Memories 10:00 Knitting & Crocheting 10:45 Chair Yoga 11:15 Clear Captions Phone Presentation</p> <p>1:00 Afternoon Paint Party w/ Carolyn- \$20 (pre-registration required)</p> 	<p>10 Crab Cake w/ Tartar 9:00 SCOFA Advocate-Frank Masterson 9:00- Mah Jongg 9:45 Bus departs Seniors 4 Kids 10:30 Massage w/ Loretta 10:45 Mother's Day Craft</p> <p>6:00- Grandparents Raising Grandchildren Support Group-HBSC (dinner served @ 6pm)</p>	<p>11 Baked Ham w/ Pineapple 9:00 Bus departs for Melodies & Memories 10:30 Coffee and Conversation 10:45 Baking Club-Upside Down Strawberry Cake for our Mother's Day Celebration on Friday 11:30 Bus departs for the Luncheon & Aquarium Trip</p>  <p>3-5pm SAGE East End Mingle</p>	<p>12 Stuffed Peppers w/ Tomato Sauce 10:00 Stretch & Tone 10-11:30 Tablet/Computer Class 11:30 Mother's Day Celebration</p>  <p>1:00 Canasta</p>
<p>15 Scampi Style Chicken Breast 10:00 Stretch & Tone</p> <p>DON'T FORGET YOUR BABY PICTURES!!</p> 	<p>16 Rigatoni w/ Meaty Bolognese Sauce 9:00 Bus departs for Melodies & Memories 9:30 FAN FOOD @ BISHOP RYAN 9:30 SENIOR CELEBRATION @ VILLA LOMBARDI'S (pre-registration required)</p> <p>10:45 Chair Yoga</p>	<p>17 Broccoli & Cheddar Quiche 9:00 Mah Jongg 9:45 Bus departs Seniors 4 Kids 11:15 Meditation & Relaxation</p> <p>BBQ-ing Word Search</p>  <p>----- 6:00 Adult Children's Support Group (dinner served @ 6pm)</p>	<p>18 Stuffed Sole 9:00 Bus departs for Melodies & Memories 10:15 Intergenerational Game Day w/ the 1st Graders from HBES</p>  <p>12:45 Movie Day- "Lion"</p> 	<p>19 Roast Turkey w/ Pan Gravy 10:00 Stretch & Tone 10-11:30 Tablet/Computer Class 1:00 Canasta 2:30 Book Discussion Group- "Blessings"</p>
<p>22 Fried Chicken 10:00 -2:00 FREE Application Assistance for Medicaid Programs @ HBSC 10:00 Stretch & Tone 11:15</p>  <p>Catch Phrase- Who Said It?</p>	<p>23 BBQ Pulled Pork 9:00 SCOFA Advocate-Frank Masterson 10:00 Knitting & Crocheting 10:45 Chair Yoga 11:30 GUESS WHO GAME- WHO IS THAT BABY?</p> 	<p>24 4 Cheese Baked Ziti 9:00 Mah Jongg 9:45 NO SENIORS 4 KIDS TODAY 9:45 LIFE STORIES PRESENTATIONS w/ THE 4TH GRADERS 11:15 Meditation & Relaxation</p>	<p>25 Brewer's Cod Fish w/ Tartar Sauce 10:30 Coffee and Conversation 10:00 Bus departs for the Yankees Game (Pre-Registration Required)</p>  <p>THRIFTY BOUTIQUE SHOP IS OPEN!</p>  <p>----- 3-5pm SAGE East End Mingle (light dinner served)</p>	<p>26 Pot Roast w/ Gravy 10:00 Stretch & Tone 10-11:30 Tablet/Computer Class 10:45 Patriotic Sing Along</p> <p>----- Memorial Day Word Search</p>  <p>----- 1:00 Canasta</p>
<p>29 MEMORIAL DAY</p>  <p>CENTER CLOSED</p>	<p>30 Potato Crusted Cod 10:00 Knitting & Crocheting 10:45 Chair Yoga 11:00 Outdoor Gardening Project Plant Outdoor Planters</p>	<p>31 Chicken Marsala 9:00- Mah Jongg 9:45 Bus departs Seniors 4 Kids 10:15 Bus departs for Yoga on the Beach for National Health & Fitness Day (pre registration required)</p> <p>12:00 Caregiver's Support Group (lunch served at 12noon)</p>	<p>AARP Defensive Driving Saturday, May 13th 9:00am-3:30pm \$20-Members \$25 Non-Members</p> 	<p>Shopping to Riverhead Stores w/ Shuttle Buses</p> <p>----- Every Tuesday Shopping in Hampton Bays Every Wednesday w/Shuttle Buses</p> 