

Town of Southampton
Senior Services
Support Groups

The following groups will provide information, educational skills and support to families who are caregivers of the elderly in our communities.

CAREGIVER'S SUPPORT GROUP

(Hampton Bays Senior Center-25 Ponquogue Ave)

Dates:

Last Wednesday of every month

Time:

12:00pm - 2:00pm

(light lunch is served at noon meeting begins at 12:30pm)



**ADULT CHILDREN OF AGING PARENTS
SUPPORT GROUP**

(Hampton Bays Senior Center-25 Ponquogue Ave)

Dates:

3rd Wednesday of every month

Time:

6:00pm – 8:00pm

(A family style dinner is served at 6pm meeting begins at 6:30pm)



**GRANDPARENTS RAISING GRANDCHILDREN SUPPORT
GROUP**

(Hampton Bays Senior Center-25 Ponquogue Ave)

Dates:

2nd Wednesday of every month

Time:

6:00pm – 8:00pm

(A family style dinner is served at 6pm meeting begins at 6:30pm)

Childcare is available.



For more information, call 631-728-1235