

YOUTH BUREAU SERVICES & PROGRAMS (CONT.)

Mental Health Support – providing individual, group, and family services to support residents facing significant life challenges, including Information and Referral, Case Management, Counseling, Crisis Intervention, and, through Family Service League, Clinical Services. **Over 50 youth and families** were served in this program year.

Alternative Activities – consist of after school/youth center programming during the school year, monthly events, and summer activity programming that provide safe spaces for youth to spend time, meet youth from other communities, learn health/wellness and self-care strategies and skills for taking care of yourself, develop skills such as chess, karate, and performing arts, have new experiences, and just blow off steam. In the 2018 – 2019 year, these programs served **875 youth during the school year and 461 youth in summer activities**.



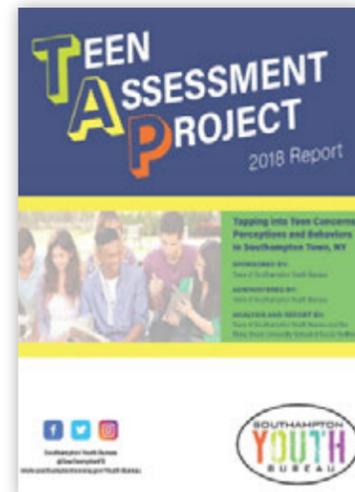
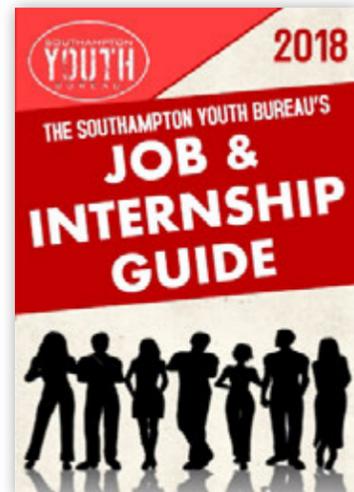
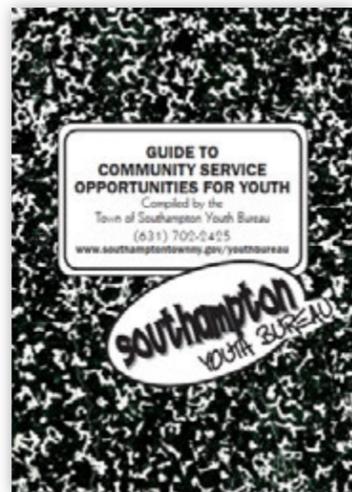
Community Involvement – engaging with service providers, community organizations, surrounding Townships, and the public to create a community where children and youth can thrive, including the Long Island Association of New York State Youth Bureaus, the New York State Youth Court Coalition, the Sheriff's Youth and Justice Task Force, Southampton UFSD Health and Wellness Committee, Eastern Suffolk BOCES, and the Teen Assessment Project Steering Committee.

Publications Circulated

Community Service Guide – helping youth find community service opportunities throughout our area

Job Guide – a listing of employers who have work opportunities for youth 14 or older

TAP Report – report of statistical highlights of the findings of the 2017 Teen Assessment Project



TOWN OF SOUTHAMPTON YOUTH BUREAU 2018 - 2019 ANNUAL REPORT

In 2018/2019, the Town of Southampton Youth Bureau, along with the Southampton Youth Board and the Youth Advisory Committee, put forth a number of initiatives and programs to address their charge to work collaboratively with public and private agencies, and religious and social institutions within the community to promote the moral, physical, mental and social well-being of the youth of Southampton, to work to strengthen family life and to enable all youth to attain their full potential. The following is a summary of the work accomplished from September 2018 through August 2019.

(631) 702-2425

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SOUTHAMPTON YOUTH BUREAU
@SOUTHAMPTONYB

YOUTH BOARD INITIATIVES & ACTIVITIES

The Youth Board is a group of youth and adult stakeholders who are charged with advising the Town Board and the Youth Bureau on local issues affecting children, youth, and families.



Stress Management for Teens - Mental Health Fairs were held in Southampton High School (October 2018) and Westhampton Beach High School (March 2019). Both events featured community and school providers of mental health services, nutrition education, sports leagues, gyms, yoga classes, karate classes, sports training programs, meditation and spiritual guidance and related services. A third fair was held in Good Ground park in the summer (July 2019). The Youth Board collaborated with local youth, schools, and the Mental Health Advisory Committee to offer these programs.

Anti-Bullying and Harassment Education - In October 2018, the Youth Bureau and Councilwoman Scamera brought together youth and staff from each of the middle schools in the Township to be part of a Bullying Prevention Summit in order to learn more about the impact of bullying on youth and strategies to prevent it from happening. It was a well-attended session (over 50 participants) held at the Hampton Bays Middle School, with presentations by educators from HUGS, Inc. and the LGBT Network, a group of student educators from the Youth Bureau's Act TWO program, and a workshop lead by Imaginarium Theater.

Fundraising for Scholarships and Non-government Programs - In order to provide all youth in Southampton the opportunity to be part of youth development programs throughout the Township, regardless of cost, and to access funding sources that are only available to 501c3 organizations, the Youth Board continued to pursue forming a private non-profit organization that would be able to meet both these goals. The Youth Board chose a name, drafted by-laws, named officers, and began working on the filing process with the New York Department of State.

YOUTH ADVISORY COMMITTEE INITIATIVES & ACTIVITIES



Youth Advisory Committee (YAC) is a group of **34 high school aged youth** from across the Township that assist the Youth Bureau in developing programs and services, and perform community service projects that are designed to support local residents and/or other non-profits. The group set up and helped run events such as the Good Ground Park Halloween event with the Parks Dept. and the Hampton Bays community, cleaning yards and leaf raking for senior citizens in coordination with the Highway Dept., hosting a pancake breakfast fundraiser to support outside youth organizations, and coordinating a clothing drive in collaboration with HUGS, Inc. They also attended a leadership workshop at a state wide youth conference in Albany and they partnered with the newly established Moroccan Youth Council to share best practices. Additionally, they contributed to substance use awareness efforts of the Tobacco Action Coalition and Riverhead CAP. All of this was in addition to helping to organize and carry out Youth Bureau events throughout the year.

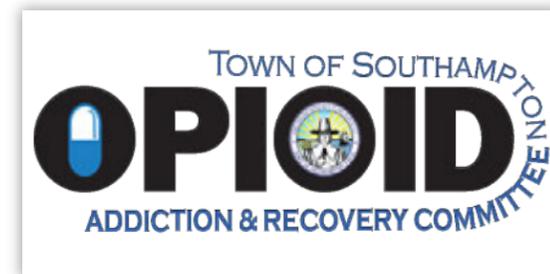


YOUTH BUREAU SERVICES & PROGRAMS

2018-2019 Highlights - Youth and Government was launched in this program year. In a partnership with Councilman Schiavoni and the New York State YMCA, the Youth Bureau led a team of five young people through the legislative bill development process and escorted them to a weekend conference at the New York State Capital in Albany. The team got to spend the weekend in the New York State legislative chambers and presented two bills to their peer legislators at the conference.



The Youth Bureau continued to play a critical role in three different community driven Substance Abuse Prevention Coalitions, two of which are funded by SAMHSA, and a third that is preparing to seek the same funding. The three communities actively pursuing prevention of substance use among youth are Sag Harbor, the greater Riverhead area, and the greater Westhampton area.



In a related effort, the Youth Bureau assumed a co-leadership role with the newly formed Southampton Town Addiction and Recovery Committee, whose efforts center around substance use disorder awareness and community education. The Youth Bureau also continued to lead the East End Partnership for Youth, which focuses on education and training activities with youth and those who work with youth. A particular focus of this group is child and adolescent mental health prevention and treatment services.

Ongoing Youth Development Programs - activities with a focus on improving social and emotional health, life skills, and community service, involving **222 youth**.

Act TWO Drama Troupe – this group of **19 teens** met weekly to do research on issues important to them, develop educational skits, and rehearse them. They conducted five community performances on the topics of mental health, substance abuse, and healthy relationships.



Teen Leaders Care – this peer supported recreational program is for youth with Autism Spectrum Disorder and other developmental disabilities. It helps to integrate these children into community activities through the support of their peers. TLC served **16 youth and involved 9 peer volunteers**.

Youth Court – is a peer restorative justice program for first time and non-violent offenders. This program year **81 teen volunteers** handled 26 trials, and 96% of the respondents successfully completed their dispositions. Referrals were made by Southampton Town and Village Police Departments, Suffolk County Probation, and Hampton Bays High School. Half of the referred cases were substance use violations; other offenses included harassment, petit larceny, trespassing, and graffiti, among others.

Job Skill Programs – includes several employment based and workforce development programs, including a seasonal employment program called Broader Horizons, a spring Job Fair, and work in the Flanders Farm Market. These programs involved **71 youth** in jobs or job training.