




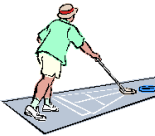



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Happy Valentine's Day</i></p>		<p>February 2nd will decide if we have 6 weeks more of winter... Will he see his Shadow??</p> 	<p>1 Beef Stew w/ Carrots & Potatoes 8:30 Hot Breakfast & Music–Broadway Hits 9:30 Current Events</p> <p>-----</p> <p>Monthly Birthday Party</p> <p>-----</p> <p>1:00 Fun On Ice Painting</p> 	<p>2 Broiled Salmon w/ Lemon, Butter & Dill 8:30 Continental Breakfast & Music–Frank Sinatra 9:30 Current Events 11:00 Exercise 11:30 Lecture–Who Said It? 12:00 Lunch 1:00 Music</p> 
<p>5 Hungarian Goulash Word of The Week "Animals" 8:30 Continental Breakfast & Music–Broadway Hits 9:30 Current Events 11:30 Discussion–Babe Ruth 1:00 Penguin Craft</p> 	<p>6 Chicken Marsala 8:30 Hot Breakfast & Music– Country 9:30 Current Events 11:00 Exercise 11:30 Discussion–Zeppelin 12:00 Lunch 1:00 Ladderball</p>	<p>7 Apple Roasted Pork 8:30 Continental Breakfast & Music–Michael Buble 9:30 Current Events 11:00 Exercise 11:30 Lecture–Tiger Woods 12:00 Lunch 1:00 BINGO</p> 	<p>8 Macaroni, Tomato & Beef Casserole 8:30 Hot Breakfast & Music– Classical 9:30 Current Events 11:00 Exercise 11:30 Lecture–Who Invented It? 1:00 Color By Number</p>	<p>9 Beer Battered Cod w/ Tartar Sauce 8:30 Continental Breakfast & Music–1950's 9:30 Current Events 11:00 Exercise 11:30 Discussion–Milton Hershey 12:00 Lunch 1:00 Music</p> 
<p>12 Stuffed Peppers w/ Tomato Sauce Word of The Week "Love" 8:30 Continental Breakfast & Music–Classical 9:30 Current Events 11:00 Exercise 11:30 Lecture–Jack Paar 1:00 Valentine Heart Wreath</p>	<p>13 Beef Stroganoff 8:30 Hot Breakfast & Music– Country 9:30 Current Events 11:00 Exercise 11:30 Lecture–Mardi Gras 1:00 Trivia</p> 	<p>14 Scampi Style Chicken Breast 8:30 Continental Breakfast & Music– The Andrews Sisters 9:30 Current Events 11:00 Exercise 11:30 Lecture–Valentine's Day 12:00 Lunch 1:00 Target Game</p> <p>6:00 Adult Children Support Group (light dinner served)</p>	<p>15 Braised Pork Ragu 8:30 Hot Breakfast & Music– Beach Boys 9:30 Current Events 11:00 Exercise 11:30 Lecture–Clark Gable 12:00 Lunch 1:00 President's Apple Tree Craft</p> 	<p>16 Dijon Crusted Flounder w/ Almonds 8:30 Continental Breakfast & Music–Classical Music 9:30 Lecture– George Washington 1:00 Music</p> 
<p>19</p> <p>CENTER CLOSED</p> <p><i>Presidents' Day</i></p> 	<p>20 Maple Spiced Ham 8:30 Hot Breakfast & Music– Nat King Cole 9:30 Current Events 11:00 Exercise 11:30 Lecture– Donner Party Rescued 12:00 Lunch 1:00 Shuffleboard</p> 	<p>21 Salisbury Steak w/ Mushroom Gravy 8:30 Continental Breakfast & Music– Tony Bennett 9:30 Current Events 11:00 Exercise 11:30 Discussion–President Nicknames 12:00 Lunch 1:00 Boggle</p>	<p>22 Chicken A La King 8:30 Hot Breakfast & Music–Broadway Hits 9:30 Current Events 11:30 Discussion–Madame Butterfly 1:00 Chinese New Year Craft</p>	<p>23 Salmon Cakes w/ Remoulade 8:30 Continental Breakfast & Music–Frank Sinatra 9:30 Lecture– World Trade Center</p>  <p>1:00 Music</p> 
<p>26 Stuffed Cabbage w/ Tomato Sauce Word of The Week "Sports" 8:30 Continental Breakfast & Music–1960's 9:30 Current Events 11:00 Exercise 11:30 Lecture–Shirley Temple Appreciation Day 12:00 Lunch 1:00 Football Craft</p>	<p>27 Meat Lover's Baked Ziti 8:30 Hot Breakfast & Music– Classical 9:30 Current Events 11:00 Exercise 11:30 Lecture–Winter Olympics 1:00 Lawn Dart Game</p> 	<p>28 Teriyaki Chicken Quarters 8:30 Continental Breakfast & Music–Disney 9:30 Current Events 11:00 Exercise 11:30 Discussion–Leaning Tower of Pisa 12:00 Lunch 1:00 Find the Word Game</p> <p>12:00 Caregiver's Support Group (lunch served)</p>		<p>Everyday Activities</p> <p>9:30 Current Events 11:00- Exercises 11:30 Lecture 12:00 Lunch 1:00 Game, Craft or Music</p>