


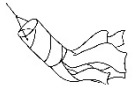












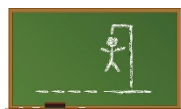
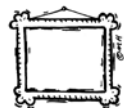


Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Everyday Activities</b></p> <p><b>9:30</b> Current Events <b>11:00-</b> Exercises <b>11:30</b> Lecture <b>12:00</b> Lunch <b>1:00</b> Game, Craft or Music</p>	<p>May is Older American's Month!</p> <p>This year's theme... "Connect, Create, Contribute..."</p> <p>Look for special activities throughout the month!</p>	<p><b>1 Seafood Salad over Mixed Greens</b> <b>8:30</b> Continental Breakfast &amp; Music- Classical <b>9:30</b> Current Events <b>10:30</b> Chair Yoga w/ Larry <b>11:30</b> Have You Been Up the Empire State Building? <b>1:00</b> Lawn Darts</p> 	<p><b>2 Grilled Flank Steak w/Mushroom Gravy</b> <b>8:30</b> Hot Breakfast &amp; Music-Broadway Hits <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> The Kentucky Derby...Let's Go! <b>1:00</b> Cinco de Mayo Painting</p> 	<p><b>3 Flounder Almandine</b> <b>8:30</b> Continental Breakfast &amp; Music-Country <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Guess Who? Buffalo Bill <b>1:00</b> Music</p> 
<p><b>6 Fried Chicken Word of The Week- "Mother"</b> <b>8:30</b> Continental Breakfast &amp; Music- 1960's <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion- Cinco de Mayo <b>1:00</b> Whimsical Wind Sock</p> 	<p><b>7 Four Cheese Baked Ziti</b> <b>8:30</b> Hot Breakfast &amp; Music-Ella Fitzgerald <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Have You Ever Been to Minnesota? <b>1:00</b> Target Game</p> 	<p><b>8 Shepherd's Pie</b> <b>8:30</b> Continental Breakfast &amp; Music- Classical <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Remembering the Great Johnstown Flood <b>1:00</b> Trivia</p> 	<p><b>9 Eggplant Parmesan</b> <b>8:30</b> Hot Breakfast &amp; Music- Michael Buble <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> National Teacher's Day <b>1:00</b> Make Mother's Day Cards</p> 	<p><b>10 Broiled Salmon w/Lemon Butter and Dill</b> <b>8:30</b> Continental Breakfast &amp; Music- The Beatles <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Celebrate Mother's Day <b>1:00</b> Music</p> 
<p><b>13 Stuffed Cabbage Word of the Week- "Dancing"</b> <b>8:30</b> Continental Breakfast &amp; Music- Tony Bennett <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion- Limerick Day <b>1:00</b> Batter Up Buddy Craft</p>	<p><b>14 Chicken Marsala</b> <b>8:30</b> Hot Breakfast &amp; Music- Country <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion- Lewis &amp; Clark <b>1:00</b> Shuffleboard</p> 	<p><b>15 Tuscan Pork Roast</b> <b>8:30</b> Continental Breakfast &amp; Music- The Andrews Sisters <b>9:30</b> Current Events <b>10:30</b> Chair Yoga w/ Larry <b>11:30</b> African Geography <b>1:00</b> Boggle</p>  <p><b>6:00 Adult Children's Support Group</b></p>	<p><b>16 Meatloaf w/ Mushroom Gravy</b> <b>8:30</b> Hot Breakfast &amp; Music- Beach Boys <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Guess Who? Fred Astaire <b>1:00</b> Paper Plate Flowers Craft</p> 	<p><b>17 Mediterranean Cod Fish</b> <b>8:30</b> Continental Breakfast &amp; Music- Country <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Remember The Honeymooners? <b>1:00</b> Music</p> 
<p><b>20 Braised Veal w/ Mushroom Cream Sauce</b> <b>"Turtle"</b> <b>8:30</b> Continental Breakfast &amp; Music- Show Tunes <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Guess Who? Frank Sinatra <b>1:00</b> Turtle Paint by Number</p>	<p><b>21 Chicken Enchilada</b> <b>8:30</b> Hot Breakfast &amp; Music-Broadway Hits <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Did You Ever See...Lincoln Memorial? <b>1:00</b> Ladderball</p> 	<p><b>22 Sloppy Joe</b> <b>8:30</b> Continental Breakfast &amp; Music- Beach Boys <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion- World Turtle Day <b>1:00</b> Bingo</p>	<p><b>23 Stuffed Sole</b> <b>8:30</b> Hot Breakfast &amp; Music- Bette Midler <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion- The Brooklyn Bridge <b>1:00</b> Star &amp; Stripes Coloring</p> 	<p><b>24 Penne Carbonara</b> <b>8:30</b> Continental Breakfast &amp; Music- Classical <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion- Memorial Day <b>1:00</b> Music</p> 
<p><b>27 Chicken Picata Word of The Week "Soldiers"</b></p> <p><b>CENTER CLOSED</b></p> 	<p><b>28 Teriyaki Pork Roast</b> <b>8:30</b> Hot Breakfast &amp; Music-Ella Fitzgerald <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30-</b> Discussion "Military Appreciation" <b>1:00</b> Hangman</p> 	<p><b>29 Seafood Salad over Mixed Greens</b> <b>8:30</b> Continental Breakfast &amp; Music- Classical <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion-"In God We Trust" <b>1:00</b> Scattergories <b>12:00 Caregiver's Support Group</b></p>	<p><b>30 Grilled Flank Steak w/Mushroom Gravy</b> <b>8:30</b> Hot Breakfast &amp; Music-Broadway Hits <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Discussion- Grizzly Bears <b>1:00</b> Picture Frame Craft</p> 	<p><b>31 Flounder Almandine</b> <b>8:30</b> Continental Breakfast &amp; Music- Country <b>9:30</b> Current Events <b>11:00</b> Exercise <b>11:30</b> Guess Who? Rita Hayworth <b>1:00</b> Music</p> 