




















-MONDAY-	-TUESDAY-	-WEDNESDAY-	-THURSDAY-	-FRIDAY-
<p><b>2 Mild Chicken Chili</b>  <b>10:30</b> Chair Yoga  <b>10:30</b> Line Dancing w/ Jean &amp; Linda  <b>1:00</b> Advanced Line Dancing w/ Jean &amp; Maxine</p> <p>-----</p> <p><b>April Fool's Day Word Search</b> </p> <p>-----</p>	<p><b>3 Crab Cake w/ Tartar Sauce</b>  <b>10:00</b> Drawing w/ Bill  <b>10:00</b> Knitting &amp; Crocheting</p> <p>-----</p> <p><b>INTERNATIONAL CHILDREN'S BOOK DAY</b>- Bring in or discuss your favorite children's book </p> <p>-----</p> <p><b>12:45</b> Computer Class w/ Larry</p>	<p><b>4 Grilled Chicken Caesar Salad</b>  <b>10:00</b> Rummikub  <b>10:45</b> Stretch &amp; Tone  <b>10:30</b> <b>Rebus Puzzle #1</b>  <b>11:15</b> Cornell Cooperative Extension Presentation- "Whole Grains &amp; Fiber"</p>	<p><b>5 Grilled Pork Chops w/ Pineapple</b>  <b>10:00</b> Open Table Games  <b>11:30</b> Sing A Long </p> <p>-----</p> <p><b>Childhood Stories Quiz</b> </p> <p>-----</p>	<p><b>6 Eggplant Parm</b>  <b>10:30</b> Coffee &amp; Conversation  <b>10:30</b> Line Dancing w/ Jean &amp; Linda  <b>11:00</b> <b>Master's Putting Contest</b></p> <p></p>
<p><b>9 Fried Chicken</b>  <b>10:30</b> Chair Yoga  <b>10:30</b> Line Dancing w/ Jean &amp; Linda  <b>1:00</b> Advanced Line Dancing w/ Jean &amp; Maxine</p> <p>-----</p> <p><b>Golf Word Search</b> </p> <p>-----</p>	<p><b>10 Potato Crusted Cod</b>  <b>10:00</b> Drawing w/ Bill  <b>10:30</b> Pet Therapy visit w/ Mercedes  <b>11:30</b> <b>Rebus Puzzle #2</b>  <b>12:45</b> Computer Class w/ Larry</p>	<p><b>11 Swedish Meatballs w/ Gravy</b>  <b>10:00</b> Rummikub  <b>10:45</b> Stretch &amp; Tone  <b>11:15</b> <b>Identify Theft Protection Presentation by Peoples United Bank</b></p> <p><b>6:00</b>-Grandparents Raising Grandchildren Support Group-HBSC (dinner served @ 6pm)</p>	<p><b>12 Chicken Milano</b>  <b>10:00</b> Open Table Games  <b>11:30</b> Sing A Long   <b>12:45</b> "Victoria &amp; Abdul" </p> <p><b>3-5pm</b> SAGE East End Mingle-HBSC</p>	<p><b>13 Orange Glazed Chicken</b>  <b>9:00</b> <b>SCOFA Advocate-Frank Masterson</b>  <b>10:30</b> Horse Racing  <b>11:00-3:00</b> <b>FUN FRIDAY</b>- drop-in card games, Cribbage, Scrabble, Canasta and more!</p> <p><b>ARE YOUR TAXES DONE??</b> </p>
<p><b>16 Boneless Chicken Cacciatore</b>  <b>10:30</b> Chair Yoga  <b>10:30</b> Line Dancing w/ Jean &amp; Linda  <b>10:30</b> Wake &amp; Bake-Lemon Sugar Tea Cookies   <b>1:00</b> Advanced Line Dancing w/ Jean &amp; Maxine</p>	<p><b>17 Roasted Salmon</b>  <b>9:30</b> <b>FAN FOOD @ BISHOP RYAN</b>  <b>10:00</b> Drawing w/ Bill  <b>10:00</b> Knitting &amp; Crocheting  <b>10:30</b> Site Council Meeting  <b>12:45</b> Computer Class w/ Larry</p>	<p><b>18 Meatloaf w/ Brown Gravy</b>  <b>10:00</b> Rummikub  <b>10:30</b> <b>Massage w/ Loreta</b>  <b>10:45</b> Stretch &amp; Tone  <b>11:00</b> <b>Rebus Puzzle #3</b></p> <p><b>6:00-8:00</b>- Adult Children Support Group- HBSC (dinner served @ 6pm)</p>	<p><b>19 Classic Chef Salad</b>  <b>10:00</b> Open Table Games  <b>10:15</b> Spring Pinwheel Craft   <b>11:30</b> Sing A Long </p> <p>-----</p> <p><b>Weather Word Search</b> </p> <p>-----</p>	<p><b>20 Roast Pork w/ Cranberry Glaze</b></p> <p>-----</p> <p><b>Monthly Birthday with Tommy Parris</b> </p> <p>-----</p> <p><b>2:30</b> Book Discussion Group- @ HBSC  <b>4:30-7:00-</b> <b>Game Night HBSC</b> (pre-registration required) </p>
<p><b>23 Spaghetti &amp; Meatballs</b>  <b>10:30</b> Chair Yoga  <b>10:30</b> Line Dancing w/ Jean &amp; Linda  <b>11:30</b> Celebrate Earth   Day-Mother Earth Facts &amp; Trivia  <b>1:00</b> Advanced Line Dancing w/ Jean &amp; Maxine</p> <p>-----</p> <p><b>Earth Day Word Search</b> </p> <p>-----</p>	<p><b>24 Stuffed Sole</b>  <b>10:00</b> Drawing w/ Bill  <b>12:45</b> Computer Class w/ Larry</p> <p><b>12:00</b> Caregiver's Support Group-HBSC (lunch served at 12noon)</p>	<p><b>25 Grilled Flank Steak Over Mixed Greens</b>  <b>10:00</b> Spring Greeting Card Craft w/ Pam Tamroz  <b>10:30</b> Short Story Discussion  <b>10:45</b> Stretch &amp; Tone</p>	<p><b>26 Vegetable Lasagna</b>  <b>10:00</b> Open Table Games  <b>11:30</b> Sing A Long </p> <p><b>3-5pm</b> SAGE East End Mingle-HBSC (light dinner served)</p>	<p><b>27 Chicken Cordon Bleu</b>  <b>8:30</b> <b>Bus departs for Mohegan Sun</b> (pre-registration required)   <b>10:30</b> Coffee &amp; Conversation  <b>10:30</b> Line Dancing w/ Jean &amp; Linda  <b>11:00-3:00</b> <b>FUN FRIDAY</b>- drop-in card games, Cribbage, Scrabble, Canasta and more!</p>

**30 Mild Chicken Chili**  
**10:30** Chair Yoga  
**10:30** Line Dancing w/ Jean & Linda  
**1:00** Advanced Line Dancing w/ Jean & Maxine

**CHILDREN'S BOOK DRIVE!!**  
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To promote Children's Literacy, we will be collecting **NEW** or **LIGHTLY USED** children's books to donate to a local Pre-K Program

**AARP**  
**Defensive Driving**  
**Saturday, April 7<sup>th</sup>**  
**9:00am-3:30pm**  
**\$20-Members**  
**\$25 Non-Members**



**SPRING**



**Shopping to Riverhead Stores**  
**w/ Shuttle Buses**  
**Every Friday**  
**Make your appt w/ the Shuttle...**

**631-728-1110**



**National Children's Literacy Month**